



Sentier international des Appalaches
 International Appalachian Trail
 CP 132
 Matane, QC, G4W 3N1
 Tél.: (418) 562-7885 / Fax : (418) 566-2115
www.sia-iat.com / info@sia-iat.com

Last update: 2009-06-08

Food Drops

A food drop service is available along the International Appalachian Trail. You can send non-perishable food in two different ways.

1) Post Office and Partners

Food can be sent in advance to some post offices and to some of our partners. Use the following model for both options.

NB: For the parc national de la Gaspésie (Centre de service), add either your passport number or your reservation number.

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| <p>Your name, POSTE RESTANTE / GRAND RANDONNEUR Complete post office/partner address</p> <div style="text-align: right; border: 1px dashed black; width: 40px; height: 40px; margin: 0 auto;"></div> <p>RANDONNEUR DU SIA / "HOLD FOR TRAIL HIKER" (Expected pick-up date) Pour information : Sentier international des Appalaches, (418) 562-7885 info@sia-iat.com</p> |
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2) Matane Wild Life Reserve

A food-drop box was set in place at the entrance of Lac Matane Campground and at the entrance of Petit-Sault Campground. Those boxes are hidden. In order to know their exact location, one needs either a passport or a reservation. One can either drop the food themselves or use the food-dropping service of Absolu ÉcoAventure for \$35 or \$45, if the package is sent two weeks in advance.

Post Office's and Partners' addresses

Canada Post line: 1-866-607-6301

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| Bureau de poste Matapédia 3, rue Macdonnel Matapédia (Québec) G0J 1V0 | Bureau de poste de Gros-Morne 8A Rue Principale Gros-Morne QC G0E 1L0 |
| Bureau de poste Causapscal 480, St-Jacques Nord Causapscal (Québec) G0J 1J0 (418) 756-3869 | Bureau de poste de Manche-d'épée 26 RTE Principale Manche-d'Épée QC G0E 1R0 |
| Camping d'Amqui CP 5025 Amqui, Qc G5J 3S5 | Bureau de poste Grande-Vallée 7, St-François-Xavier Est Grande-Vallée (Québec) G0E 1K0 |

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| <p>Bureau de poste St-Vianney 125, Av. Centrale St-Vianney (Québec) G0J 3J0</p> <p>Camp Tamagodi (<i>at the western entrance of the Réserve faunique de Matane</i>) 696, Route 195 St-René-de-Matane QC G0M 1Z0 (418) 224-3340</p> <p>Camping du Lac Cascapédia Parc de la Gaspésie 900, Route du Parc Sainte-Anne-des-Monts QC G4V 2E3 1-866-727-2427</p> <p>1981, Route du Parc Centre de service Sainte-Anne-des-Monts QC G4V 2E4 (418) 763-2288</p> <p>Bureau de poste Mont- St-Pierre 104A Rue Prudent-Cloutier Mont-St-Pierre QC G0E 1V0</p> <p>Bureau de poste Mont- Louis 91^e avenue O Mont-Louis Qc G0E 1T0</p> | <p>Bureau de poste de Petite-Vallée J.A. Lebreux et Fils ENR. 47 Rue Principale Petite-Vallée QC G0E 1Y0</p> <p>Bureau de poste St-Maurice de l'Échouerie 51, Ch. de l'église St-Maurice de l'Échouerie (Québec) G4X 1P0 (418) 269-3612</p> <p>Bureau de poste 922, boul. de l'Anse-à-Valleau L'anse-à-Valleau (Québec) G4X 1L0 (418) 269-5497</p> <p>Camping des Ancêtres 865, de l'Anse-à-Valleau Anse-à-Valleau (QC) G4X 4A1 (418) 269-3371</p> <p>Bureau de poste Rivière-au-Renard 41, Bl. Renard Est Rivière-au-Renard (Québec) G4X 1S0 (418) 269-3768</p> <p>Auberge Cap-aux-Os Attention Gilles Shaw 2095, boul. Grande-Grève Forillon, Gaspé QC G4X 6L7 (418) 892-5153 aujeca@globetrotter.net</p> |
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Contact Info

Postal Code Search:

<http://www.postescanada.ca/cpotools/apps/fpc/personal/findByCity?execution=e4s1>

Absolu ÉcoAventure : 1118 de la Grève, Matane, (Québec) G4W 7B1

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